What is PULSE?

PULSE (Pittsburgh Urban Leadership Service Experience) cultivates a community of young servant leaders to transform Pittsburgh. We invite talented university graduates to partner with Pittsburgh nonprofits for a year of service and leadership. PULSE Participants (PULSErs) serve in a Pittsburgh nonprofit, live with other participants in intentional community and participate in ongoing personal and professional development. Though all our activities, we equip and develop young adults to be civic and community leaders with a heart for service.

Core Purpose: **PULSE cultivates a community of young servant leaders to transform Pittsburgh**

Core Values:
- Engaging in the possibility of the city
- The transformative power of service
- Celebrating the creative energy of young adults
- Building strong and enduring relationships
- The exploration and development of faith

How does the program work?

We **partner with local, Pittsburgh nonprofits** to develop men and women to be the next generation of servant leaders in our city. Placement nonprofits receive a young, talented, university graduate to build capacity in their organization while participants receive valuable job training and skill development.

We **cultivate community** by having our participants live together. Our participants share meals, household tasks and life together. As a result, they grow and develop as individuals and as a cohort group of young people working to make change in Pittsburgh.

We **train and equip our participants to become servant leaders** in Pittsburgh. We provide regular, ongoing personal and professional development, mentoring relationships and other opportunities to give our participants the support they need to succeed.

What can I expect from the PULSE program?

- A Job Placement in a Participant’s area of interest (not guaranteed, but we try hard to find the best fit)
- Personal/Professional Development through Weekly Seminar and Spring/Fall Retreat
- Room and Board
- Basic Health Insurance
- Public Transportation Coverage
- Modest Personal Stipend - $80/month
- AmeriCorps Education Award/Loan Forbearance (for qualified work placements, not guaranteed)
- Sense of Community with other PULSE participants
Where do PULSErs work?

Participants work in a variety of different nonprofits, ranging from the arts to community development to hunger/homelessness to environmental, etc. We work with accepted participants to identify a good fit for the participant and our partner organizations. Here are few of the 100+ organizations that have hosted PULSE participants:

- East End Cooperative Ministry
- Union Project
- Allegheny Cleanways
- Oakland Planning and Development Corporation
- Three Rivers Workforce Investment Board
- The Pittsburgh Project
- Andy Warhol Museum
- East Liberty Development, Inc.
- Heinz History Center
- Design Center
- Green Building Alliance

Where do PULSErs live?

PULSE participants live in one of three houses in the East End of Pittsburgh. The original PULSE house is located on the border of the East Liberty and Highland Park neighborhoods. The house is three stories with eight bedrooms, two and a half baths, living room, dining room, family room, and kitchen. The house is fully furnished including the kitchen. Every bedroom has a bed (single or double), a dresser, a closet or wardrobe, a desk, a lamp, and an armchair or sofa. There is also storage in the basement if needed. See some pictures on our Flickr site.

We also have another two house located in the Garfield and East Liberty neighborhoods. These two houses have three stories with four bedrooms, one-two baths, living room, dining room, and kitchen. The house is fully furnished including the kitchen. Every room will have a bed, dresser, a closet or wardrobe, desk, lamp and an armchair or sofa.

What does a typical week look like?

- PULSErs bike, walk or take public transportation to/from work (participants can bring their vehicle)
- PULSErs typically work 35 hours/week in a Pittsburgh non-profit, Monday-Friday (half day on Wednesday) Times typically vary for art/theatre/environmental placements
- PULSErs attend weekly Seminar on Wednesday afternoon
- PULSErs share cooking responsibility and eat dinner together Monday-Thursday (dependent on community)
- PULSErs have fun and enjoy Pittsburgh in the evening and weekends (there are a couple mandatory weekends scheduled for retreats)

What do others say?

- PULSE, in its one year, was as influential as four years of college. I didn’t have a clear direction on what I wanted to pursue before PULSE. While in PULSE, I began to see options open out before me. -Anne Horst Hanby (01-02)
- PULSE plants seeds and invests in the long-term development of young adults. It models an important alternative way of living, a witness to others. - Luke Kreider (08-09)

How can I apply?

Visit www.pulsepittsburgh.org. Fill out our online application. We view the application process as a discernment process for you and for us. We are excited to journey with you. Questions? Contact Jonnett Maurer, Recruiting and Partnership Coordinator at recruiting@pulsepittsburgh.org or 412-361-0124.